



# The EMSWORTH to BASINGSTOKE Relay 09

Saturday 16th May 2009, Emsworth (S. Hampshire) to Basingstoke (N. Hampshire)

Enter now for the 50-mile relay from Emsworth to Basingstoke. Participation is based upon teams of six runners, with runners doing their three legs (of a total 18) each of around 3 to 4 miles mostly off-road, whilst raising funds for charity.

Teams require a mix of stealth and organisation, with some focus upon preparation and planning beforehand (e.g. some of the relay legs use footpath route choices, and therefore they can benefit from a prior reconnoitre). The winning teams (1<sup>st</sup> mixed team, 1<sup>st</sup> ladies team, and 1<sup>st</sup> men's team) shall be awarded a trophy\*.<sup>1</sup> Further details including photos from previous years and race reports are available at [www.emsworthrelay.org.uk](http://www.emsworthrelay.org.uk).

If interested in participation in 2009, and getting a team together, please fill out the form below or contact the race organiser. We look forward to seeing you there!

## Entry Form

Club/Company name:.....

We wish to enter.....team(s) in the Basingstoke Charity Relay Challenge

Team Name(s)

A:.....TYPE...MALE / FEMALE / MIXED

B:.....TYPE.. MALE / FEMALE / MIXED

C:.....TYPE.. MALE / FEMALE / MIXED

Club/Company Contact Name:.....

Address.....

Contact Number.....

E-mail.....

Please enclose the entry fee of £36 per team (cheques payable to 'Basingstoke Charity Relay Challenge').

### Disclaimer

We agree to abide by the rules of the competition and to raise money for the nominated charity. We are fully aware that the organisers and representatives take no responsibility for any injury, damage or loss that occurs during the race.

Signed:.....

On behalf of Club/Company:.....

Please return all entry forms to : Cyd Hill, 9 Marlborough Gardens, Oakley, Basingstoke, Hants, RG23 7AH

Phone for further details on: 01256 781239

\* Kept for one year only